



THE CITY OF NEW YORK

BOROUGH OF THE BRONX

COMMUNITY BOARD 7



RUBEN DIAZ, JR., BOROUGH PRESIDENT

ADALINE WALKER-SANTIAGO, CHAIRPERSON

SENIOR SERVICES COMMITTEE MEETING MINUTES

Wednesday, January 13, 2016 @ 6:30 PM

- I. The meeting opened at 6:30 PM
- II. Presentation:
 - A. We had a presentation by Christine Nieves from the Department of Health on Health and Safety issues
 - B. The presentation was on PowerPoint where the population of our neighborhood which included Bedford Park and Kingsbridge Heights was described as to race and ethnicity
 - C. Also included was population by age, English proficiency, health condition and life expectancy
 - D. The discussion included stats on conditions in our neighborhood as compared to other areas of NYC. The stats ranked were:
 1. Neighborhood Conditions - Where we live determines the quality of the air we breathe, the homes we live in, how safe we feel, what kinds of food we can easily access and more.
 2. Social and Economic Conditions - Higher education levels are associated with better health outcomes with child and adolescent health being a signal of the community's current well-being and potential
 3. Healthy Living - The stats indicate a high level of the consumption of sugary beverages in our area as opposed to other neighborhoods in NYC. This is an indicator of the high number of Obesity and Diabetes which can lead to serious health problems
 4. Health Care Health Outcomes - A lack of quality health care can lead to negative health outcomes. Indicators show a decrease in care with the implementation of the Affordable Care Act but much more has to be done
 5. After the presentation a question and answer session took place. One of the members of the committee, Diletta Pina suggested that this type of information needs to be distributed to community residents. It was suggested that our committee join with the Health Committee and have a public forum or a Health Fair to share the report where individuals can interact with each other and plan for policies that can further shape and improve the community's health
- III. The meeting ended at 7:15 PM